

**The core of the pseudostem of musa in the treatment of urinary stones. R. Gopakumara Pillai Consultant Urologist, District Hospital, Kollam, Kerala, India., Ancient science of life 07/1995; 15(1):2-6., Source: PubMed**

**ABSTRACT** Ayurveda recommends many simple herbs in the treatment of urological afflictions like urolithiasis. Seventyone patients diagnosed to be suffering from urolithiasis were treated with juice of the core of the pseudostem of Musa Paradisiaca and Musa sapientum. A significant segment of them passed out calculi of varying size after consuming the drug for two weeks. Recurrence of stone formation was also prevented by the treatment, The author concludes that the plant material is quite effective in curing urolithiasis, especially of the calcium oxalate variety.

- ❖ 71 Patients All Confirmed with Xray and IUUV To Have Stones**
- ❖ Two Groups of Patients whose IUUV showed minimal or no obstructive change with normal serum levels of urea and creatinine – 65 patients**
- ❖ Note: six patients where taken for surgery and had all calculi removed**
- ❖ Dosage - 600mg Tablet**
- ❖ Half tablet twice daily first two weeks – Group 1 and 2**
- ❖ Up to 2 tablets three times daily after two weeks – Group 1**
- ❖ One tablet twice daily after two weeks – Group 2**
- ❖ Results - After 4 weeks**
- ❖ 43 patients passed varying sizes of stones**
- ❖ 4 patients had reduced number of calculi**

**20 patients had complete disappearance of stones**